



# COTAHUASI RIVER

11 DAYS / 10 NIGHTS





## ITINERARY

**DAY 1** - Arrive in Lima, Peru and take a connecting flight to Arequipa. Explore this beautiful town hewn out of white stone; spend your first night at the Hotel Del Lago.

**DAY 2** - Afternoon departure. Start drive to Cotahuasi canyon. We drive through many small Peruvian villages and pass through beautiful countryside. We eat dinner in the town of Aplao - 3 hours from Arequipa. Camp at a developed campsite in the Colca valley.

**DAY 3** - We take a 7 hour journey by road to Cotahuasi. We go over a 15,500 foot pass before dropping down to the village of Cotahuasi. Along the way we get incredible views of mountain Coropuna (21,000 ft) - Cotahuasi is a remote high Andean village far removed from everyday crowded Peruvian life. You will sense that you have discovered Shangri La when walking into this tranquil and clean village . Explore the narrow streets and the masonry work obviously descended from the Incan culture - hot springs - and dinner. Stay at La Sapia Inn.

**DAY 4** - The mules get loaded with our personal gear and then we start our 10 hour hike around the Sipia Falls into the canyon. We follow ancient Inca trails 3000 feet above the river level and then descend to the start of our river journey. This hike is one of the highlights of the trip. The views from the trail are dramatic and the trail is an engineering wonder. Our hike ends at a footbridge called Valinga.

**DAY 5 through DAY 10** - The next 6 days will be spent rafting through the Cotahuasi canyon. This canyon is twice as deep as the Grand Canyon and, according to the Peruvian government, it is the deepest canyon in the world. Another selling point for the Cotahuasi are the Inca ruins scattered throughout the canyon, some of which are yet to be explored.

Aside from the Archeology treasures, you'll enjoy more than a 100 miles of continuous class 4 whitewater, estimated 1500 CFS. The river flows 221 miles, from 12,000 feet up in the Andes to the Pacific Ocean. We will encounter three class 5 rapids and a few rapids that we may have to line the boats around.

Each night we will camp on Inca terraces and explore the ruins. But please remember that proper etiquette regarding archaeological sites is the same as all of nature: Take nothing but pictures, leave nothing but footprints.

**DAY 10** - The Pacific Ocean breeze becomes prevalent and we know our take-out is getting close. We reach the vans, load up, and drive 2 hours to the nearest big town and have a nice sit down meal at a restaurant before driving another 2 hours back to Arequipa. Hotel del Lago.

**DAY 11** - Leave Arequipa, fly to Lima, then back home. Or on to your next adventure!





**INCLUDES:**

All transfers

All meals (as indicated) B:Breakfast

L::Lunch D:Dinner

Rafting and camping equipment

Double occupancy tents

Professional Guides.

Hotel in Arequipa.

Wranglers

**NOT INCLUDED:**

International Airfare

Airport Taxes

Sleeping bag and pad

Personal Gear


Personal expenses

Gratitudes for guides

Fico Gallese

+51 984638855

Pascua Pithod

+54 9 2613451188 

+51 974365017

[info@puravidaexpediciones.com](mailto:info@puravidaexpediciones.com)

[www.puravidaexpediciones.com](http://www.puravidaexpediciones.com)

